

# Canyoning equipment checklist:

## *Day trip -- technical canyon*

### Abseiling gear:

- Harness
- Descender
- Carabiners (x3)
- Rope
- Helmet
- Gloves
- Knife
- Safety line / cowstail
- Prusiks
- Maillons
- Tape slings
- Whistle

### Clothing / Apparel:

- Canyoning shoes
- Socks
- Wetsuit\*
- Thermals\*
- Beanie\*
- Shirt / shorts
- Lightweight rain coat
- Dry change of clothes

### Other equipment:

- Pack
- Head torch
- Dry bag\*
- Camera
- First aid kit
- Navigation (map / compass)
- Food / cooking equipment
- Drinking water

*\* For a dry canyon, with no swims, these items are not generally required*

This document should be read in conjunction with the Fat Canyoners canyoning equipment list page:  
<http://fatcanyoners.org/bush-guide/canyoning-equipment-list/>

It provides an overview of the gear you'll need to canyon safely and enjoyably. Be aware that this equipment list is based on the conditions in Australian canyons, where water flows are generally limited, temperatures are warmer, and you are unlikely to have to deal with specialist problems like 'keeper' potholes. The techniques, and therefore gear requirements, will inevitably vary slightly for canyons from different regions around the world.