

Canyoning equipment checklist:

Day trip -- non-technical canyon

Clothing / Apparel:

- | | | | |
|-------------------|--------------------------|-------------------------|--------------------------|
| • Canyoning shoes | <input type="checkbox"/> | • Socks | <input type="checkbox"/> |
| • Wetsuit* | <input type="checkbox"/> | • Shirt / shorts | <input type="checkbox"/> |
| • Thermals* | <input type="checkbox"/> | • Lightweight rain coat | <input type="checkbox"/> |
| • Beanie* | <input type="checkbox"/> | • Dry change of clothes | <input type="checkbox"/> |

Other equipment:

- | | | | |
|--------------|--------------------------|------------------------------|--------------------------|
| • Pack | <input type="checkbox"/> | • First aid kit | <input type="checkbox"/> |
| • Head torch | <input type="checkbox"/> | • Navigation (map / compass) | <input type="checkbox"/> |
| • Dry bag* | <input type="checkbox"/> | • Food / cooking equipment | <input type="checkbox"/> |
| • Camera | <input type="checkbox"/> | • Drinking water | <input type="checkbox"/> |

** For a dry canyon, with no swims, these items are not generally required*

This document should be read in conjunction with the Fat Canyoners canyoning equipment list page:
<http://fatcanyoners.org/bush-guide/canyoning-equipment-list/>

It provides an overview of the gear you'll need to canyon safely and enjoyably. Be aware that this equipment list is based on the conditions in Australian canyons, where water flows are generally limited, temperatures are warmer, and you are unlikely to have to deal with specialist problems like 'keeper' potholes. The techniques, and therefore gear requirements, will inevitably vary slightly for canyons from different regions around the world.