

# Canyoning equipment checklist:

## *Liloing*

### Clothing / Apparel:

- |                   |                          |                         |                          |
|-------------------|--------------------------|-------------------------|--------------------------|
| • Canyoning shoes | <input type="checkbox"/> | • Socks                 | <input type="checkbox"/> |
| • Wetsuit         | <input type="checkbox"/> | • Shirt / shorts        | <input type="checkbox"/> |
| • Thermals        | <input type="checkbox"/> | • Lightweight rain coat | <input type="checkbox"/> |
| • Beanie          | <input type="checkbox"/> | • Dry change of clothes | <input type="checkbox"/> |

### Other equipment:

- |                            |                          |                              |                          |
|----------------------------|--------------------------|------------------------------|--------------------------|
| • Lilo                     | <input type="checkbox"/> | • Dry bag                    | <input type="checkbox"/> |
| • Pack                     | <input type="checkbox"/> | • First aid kit              | <input type="checkbox"/> |
| • Head torch               | <input type="checkbox"/> | • Navigation (map / compass) | <input type="checkbox"/> |
| • Food / cooking equipment | <input type="checkbox"/> | • Drinking water             | <input type="checkbox"/> |
| • Camera                   | <input type="checkbox"/> |                              |                          |

This document should be read in conjunction with the Fat Canyoners canyoning equipment list page:  
<http://fatcanyoners.org/bush-guide/canyoning-equipment-list/>

It provides an overview of the gear you'll need to canyon safely and enjoyably. Be aware that this equipment list is based on the conditions in Australian canyons, where water flows are generally limited, temperatures are warmer, and you are unlikely to have to deal with specialist problems like 'keeper' potholes. The techniques, and therefore gear requirements, will inevitably vary slightly for canyons from different regions around the world.